



# Health & Wellness

## August is Medical Awareness Month

Your new Medical ID Card will provide important health information about you:

- Blood type
- Medical conditions
- Medications
- Allergies
- Physician contact information
- Insurance information
- And more

Fill out your Medical ID Card today!

### Introducing New Medical ID Cards

In the familiar environment of your doctor's office or dealing with an emergency at an out-of-town hospital, it is important to have all of your current medical information handy. Your new medical ID card can help communicate vital information about you and your loved ones to caregivers when you need it.

In all types of situations your new medical ID card can help simplify the process of getting proper health care. Fill out your new card, which provides crucial information about you, including blood type, medical conditions, medications, allergies, physician contact information, insurance information, and more. There's also a special section for the names and numbers of those you want contacted in case of an emergency.

We can't promise you won't be asked those standard medical questions in the future, but having the facts conveniently listed on this card will make answering them much easier and will certainly answer the questions when you cannot.

This medical ID card fits neatly into your purse or wallet so you'll always have it. It is also easily recognizable for medical and emergency response

staff to locate and utilize in times of need. They will have instant access to your important medical conditions, prescription drugs and allergies, which really matter when a quick diagnosis is vital. Use the blank space to personalize your card with any special instructions that would be important if you are taken ill or have an accident.

Your medical ID card was specially designed for you by the Health & Wellness Department. We intend for your new card to have the right information all in one, easily accessible spot, ensuring that you receive the best care possible in any situation.

Feel free to contact your Health & Wellness Department for more information or for assistance with your new medical ID card.

